

WOMEN'S WINTER RETREAT January 30-31, 2010

Invite Your Friends

Spend Time Together

Have an Amazing Weekend

“Sanctuary of the Heart”

Speaker - Jo Giarrante, M.Div. Spiritual Director, Supervisor and Certified Life Coach; Staff member at the Institute for Spiritual Leadership

Registration Form and Information

The GCC *Women's Winter Retreat* will be held on Saturday morning, January 30 through Sunday noon, January 31, 2010. Being sensitive to the current economy we have decided that we will again have a one night retreat this year. By popular demand, we're returning to the Chicago Marriott Suites in Deerfield. Situated just off the Tri-State Tollway (Lake Cook Road to Saunders to Parkway North Center). The list of participants will be made available later so that you may carpool Saturday a.m. from home or church. All luxurious suites have a separate bedroom with 2 double beds and include a large living room area with a sofa sleeper, an oversized bathroom and a refrigerator and microwave. Our dining space is in the Penthouse level of the hotel with a wonderful view. For those who wish to relax, there is an indoor pool, fitness center, sauna and whirlpool areas. If you wish to stay Friday evening you may register directly with the hotel and tell them you're attending the GCC Women's Retreat.

Meals include Saturday lunch and dinner, and Sunday breakfast.

Once you register, you'll receive a detailed schedule.

There is space for 20 women, so if you wish to invite a friend, ask them NOW!

Cost: (includes room, food, and speaker)

2 to a room - \$ 130 per person

3 to a room - \$ 114 per person

4 to a room - \$ 105 per person

Private - \$ 180 per person

Scholarships are available if requested. Contact Marilyn.

Theme of the Retreat

The theme of this retreat is to explore the messages from our hearts that yearn for a safe place to rest, to be noticed, and to be honored. Through input, exercises, reflection time and personal sharing we will explore how the yearnings of our hearts are messages from God. We will also take time to intentionally create a personal sacred sanctuary as a focus of energy, meditation, and healing.

Please turn in your registration form, along with a deposit of \$50 by December 6 to Marilyn's mailbox. Balance is due Jan. 10. Sorry, no refunds.

Women's 2010 Winter Retreat Registration Form

NAME _____

Address _____

Phone Number _____

Email Address _____

Allergies _____

Single (Private) Room _____

Double Room (Name and phone numbers)

1. _____

2. _____

3 to a Room (Names and phone numbers)

1. _____

2. _____

3. _____

4 to a Room (Names and phone numbers)

1. _____

2. _____

3. _____

4. _____